

ealing lawn tennis club

newsletter



Founded 1882

January 2012

A spanking new dome!

The Winter season has started and we're delighted to let you know that the new dome skin and new lighting works are completed.

The new dome skin allows very much more natural light in, so much so that the lighting does not have to be on during daylight. This will help the club save on energy costs at a time when they are rising (we still use energy for inflating and heating the dome).

The new dome lights are now around the perimeter of the dome and are a much more modern specification. This means that the lighting when needed is very much better and there are now longer any obtrusive stanchions between the courts. Also, the lighting switches are on the inside of the dome now, so hopefully people won't inadvertently switch off the lights. Enjoy!



Halloween Tournament Report

A select band of twelve foolhardy contestants turned up for some scary tennis on Sunday afternoon. Some of the new members had difficulty initially understanding my devilish rules, but they managed to survive.

With seven ladies and five men I morphed into a bloke. In each of the 6 rounds of 8 games one lady had the opportunity of calling a ball out that was in. However, her partner had to wear a mask that not only prevented the wearer from seeing anything, it was also impossible to breathe – and believe me I can testify to that. The



opposing male had the privilege of wearing a witch's hat and his lady partner a very fetching pink sparkly Stetson for no good reason whatsoever, except that I had it left over from a batmitsvah I was at a few months ago!

Eventually the two men and the two ladies with the highest scores played in the final. New members Atsushi and his wife Yuki and Giles and Sarah were the chosen four.

The usual 7 games in both combinations resulted in Atsushi and Sarah being the victors.

Since there was one enormous prize and three rather smaller ones, cards were drawn and Yuki went off weighed down by a very large chocolate head. Atsushi got a jelly to make – I think he will need someone to explain that to him.

Linda and Carole provided us with some lovely chick pea soup and baguettes and Andy Boyd provided me with a glass of rose, so I was certainly happy.

Korin

See our new website
at ealingtennis.com



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Annual Tournament Finals On Saturday 16 July 2011



As a result of the heavy but sporadic rain it was only possible to complete nine matches of the programme. Thanks to heroic efforts by the groundsmen in clearing puddles, three matches were played outside and the other six were played on the indoor courts, but the other matches had to be postponed or completed during the next few days.

Sam Tirodkar won his fifth Mens Singles title when he beat his fellow first team player, Alan Brown, by 7-5, 6-4 in a very close match indoors. He won his first singles title in 2002 and repeated the win in 2004, 2006 and 2007. He was also the runner-up in five intermediate years. He has now equalled the total won by Richard Leslie some thirty years ago. Richard competed again this year but lost in the semi-final to Alan Brown.

The Ladies Singles was won by Sophie Bell who beat Teshi Yamaguchi 6-0, 6-3 very convincingly. This was Sophie's second win as she also won in 2009 and she was the runner-up in 2005, 2008 and 2010.

Mili Shah, a previous singles winner, had a very successful day as she teamed up with Claire Espinasse, also a previous singles winner, to win the Ladies Doubles 6-1, 6-4 against Cleo Andrews and Raff Valentino. She then played with Simon Richards to win the Open Mixed 6-2, 7-6 against the previous winners Anneka Els and Alan Brown. This was the last match of the day and was played

outside under clear skies in front of a large crowd. It ended in a very close tie-break.

Alan Brown played in three finals but lost two. However he and Laurent Wels beat Rich Jones and Charles Turney 6-3, 7-6 in a most exciting match with heavy serves, hard smashes and well angled volleys.

The only junior match played was the Boys 18 and under singles when Sean McGurk, aged 16?, beat Demetri Smith aged 11?, in three sets, 6-4, 3-6, 6-4. Despite the great difference in age and size this was a close contest since both boys moved very well. There were plenty of well directed drives followed by put-away volleys to win a quick point.

In the Handicap matches Sarah Lamb Hughes won two matches. First she beat Louisa Hentges 6-1, 6-3 on an outside court in a very brief break between rain showers. Then she moved indoors to play with Ron de Jong against Lynn and Andrew Oliver in a very long Mixed Doubles which they eventually won 6-0, 3-6, 6-1. There were a lot of quick net interceptions by both ladies and much hard serving and running by both men to deal with numerous lobs.

The longest set of the day was in the Restricted Mixed Doubles when Andrew Oliver and his daughter Lauren, aged 13, finally clinched their victory with a set of 15-13 which was half way to the famous Wimbledon score.



Competitive tennis at the Club



Inter County Finals 2011

On Friday 4th November the Middlesex Uber Wrinklies travelled to Dudley to play Kent in the 70s Inter County Final. The team was Sara Stewart and Korin Harvey as 1st pair and Jo Pedrette and June Pearce as the 2nd pair. We didn't know the strength of Kent's second pair, but their first pair is world renowned so we approached the match with fear and trembling! In the event Sara and I won the first set against them – apparently the only set they have lost this year – but lost the rubber in three. We did, however, beat the second pair in two straight sets. Unfortunately our second pair only got past them in three sets and managed but one game against the first pair which did not give us enough games for a win. We shall try again next year. Korin

Welcome New Members

Many new members joined us in the second half of 2011 !

Parviz, Danial, Lucie, Ken, Katie, Riaz, Ibrahim, Ifan, Tony, Maggie, Jean, Atushi, Yukiko, William, John, Oliver, Masashi, Yoko, Daniel, Yasumoto, Paul, Kashyap, Gerry, Oliver, Yoshiaki, Ishihara, Nick, Isa, Takashi, Saul, Kai, Jennifer, Arya, Lara, Lindsay, Ali, Sylvie, Shiro, Kohro, Beverley, Luca, Kristof, Michael, Robert, Julian, Satoshi, Dimitrios, Sotiroios, Panagiotis, Dina, Koji, Kanji, Zibi, Chris, Damian, Kazuhiro, Ram, Jane, Reza K, Reza H., Helena, Alex and Rommel,

Welcome to all of you!

Ladies Third Team Celebrations

To celebrate our dizzy rise to the Intermediate Division we had a supper hosted by Juliet Matthews, with the food supplied by those of us who could attend and the wine supplied from the left-over team supper money. Our starters were smoked salmon canapés from Helen Hooke and dim sum from Ruri Yamada which we allowed the butler (Clive Matthews) to sample. The sommelier (Clive Matthews) poured the champagne and we moved through to the dining room which was most elegantly decked out.

For our main course we had chicken wrapped in pancetta by Sarah Mannion, aubergine bake prepared by Frankie Cable and a mushroom rice dish from Takako Arii. I came up with a salad of baby spinach, dates, carrots, pine nuts and goats cheese and we finished off with tiramisu from Caroline Bond and cointreau ice cream from Juliet. What a feast! A move into the music room was next on the agenda with a mini piano recital from Ruri. Juliet then accompanied Ari as she sang I Dreamed a Dream very beautifully, despite her insisting that it was going to be sub-karaoke standard.

A lovely evening and many thanks to Juliet for being the host and to the kitchen staff – yes Clive again – for clearing up after us.

Premier Division next year girls?



Ladies teams successes

1st team (premier) won it for the 9th time in a row!

They will be under pressure to do it for the 10th time next year!!!

2nd team (intermediate) came 3rd and missed promotion by 9 points :(

3rd team (1st div.) won it and is coming up to intermediate, the same division as 2nd. We will be competing each other in the same division next year!

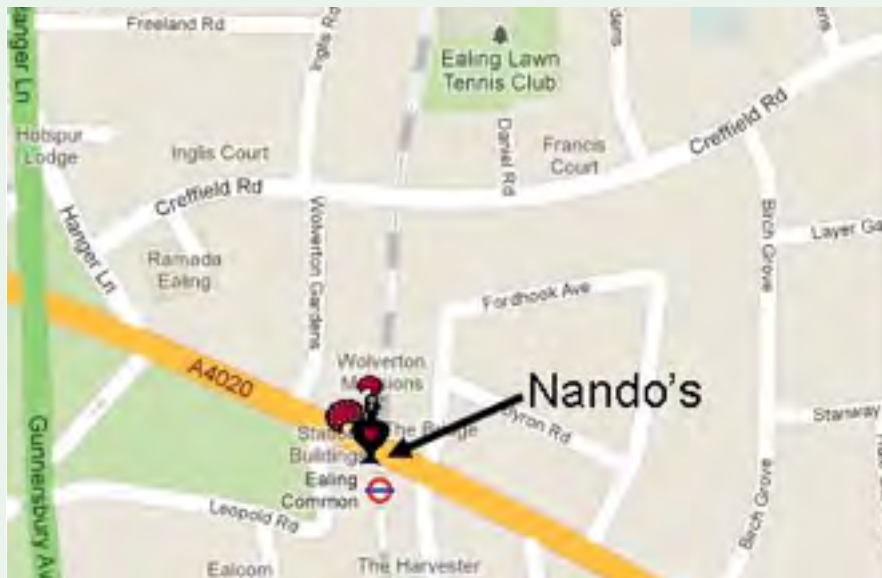
4th team (4th div.) came 5th and escaped relegation :)

Miscellaneous

Special discounts at Nando's for ELTC members

Good News! All ELTC members get a 20% discount at Nando's Ealing Common.

Nando's is the Home of the legendary, Portuguese flame-grilled PERi-PERi chicken. See website at www.nandos.co.uk



How does it work?

- ELTC members present their keyfob to the Nando's staff
- 20% discount for each "keyfob-holder" only. However, families with 2 parents having both keyfobs get 20% for children as well.
- We're running a 3-month trial with Nando's with this discount (until 31/03 2012). Enjoy and please provide us with your feedback!

Want to get fitter and improve your tennis in 2012?

Rob Franklin ASCC, CSCS, ACSM h/fi

I am an Accredited Strength and Conditioning Specialist, Athletics Coach, and Advanced Personal Trainer with more than 10 years experience in training people of all levels.

As a Personal Trainer, I combine "old school" values with modern scientific theory and practices. All clients receive a bespoke programme, tailored to their specific needs.

My training sessions should also help to improve your tennis. As a Strength and Conditioning Coach, I spent two years running the physical training programme at an LTA High Performance Centre, during which time I worked with an ATP top 500 player.

I also work with some of the young players at Ealing Lawn Tennis Club.

Main Qualifications

UKSCA Accredited Strength and Conditioning Coach (www.ukzca.org.uk)

NSCA Certified Strength and Conditioning Specialist (www.nscalift.org)

ACSM qualified Advanced Personal Trainer (www.acsm.org)

UK Athletics Accredited Coach (www.uka.org.uk)

For a free consultation, and a 20% discount for ELTC members, contact me on 07900 565757, or email rob800franklin@hotmail.com

Kind reminder on dome bookings rules:

Everyone booking dome courts must write their names clearly and use their full name. I am getting a number of courts with 'John + 1' (as an example) which makes collecting unpaid court fees very difficult. Thanks to all members!

Winter Single League

The Winter Singles League is underway. Members not already in the league can join it at the end of each round as inevitably there are drop outs due to injuries and work commitments. The next round will start in early February and if you would like to enter contact Iain Britton by email at iainbritton@yahoo.co.uk.

Japan Earthquake donations

A big thank all the club members for their generous donation for Japan after the earthquake and the tsunami. We have collected £103.93 so far.

I emptied the box, and the money will be sent to the Japanese embassy in London.

In fact, I took the money to Japan, but they didn't accept GBP, so I had to bring it back here. I haven't had the chance to go to the embassy, yet, but I will when I find time. Ari

See the latest news at
ealingtennis.com



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