



Ealing Lawn Tennis Club

MEMBERS MAP – PLAYING OPPORTUNITIES AT ELTC (As of 10-2021)

PLAYING LEVEL	OPPORTUNITIES WITHIN THE CLUB			
BEGINNER (New to the game)	Adult group coaching (beginner) <i>Sunday 08:30-10:00 and 11:30-13:00</i> <i>Contact HC Tennis for availability and prices</i>	Cardio Tennis <i>Monday and Wednesday 19:00-20:00, Saturday 10:30-11:30 (Wednesday 6-7pm during Covid restrictions)</i> <i>Pre-book with Gham Patel (coach)</i>	Wednesday evening social mix-in <i>Wednesday from 18:00</i> <i>Pre-book with Janice Coulthard: janice.coulthard@ntlworld.com</i> Midweek social <i>Tuesday & Thursday 14:00-16:00</i>	Competitive opportunities (internal): <ul style="list-style-type: none"> ● <i>Winter Singles League (WSL)</i> ● <i>Ladders (singles & doubles)</i> ● <i>Summer club tournament</i> Team matches (external): <ul style="list-style-type: none"> ● <i>Middlesex League (summer): 6 x M teams, 5 x F teams</i> ● <i>Team tennis (summer): 2 x M teams, 2 x F teams</i> ● <i>Floodlit league (winter): 2 x M teams, 2 x F teams, 1 x mixed</i> ● <i>Middlesex Cup: 1 x M, 1 x F, 1 x mixed</i>
RUSTY (Returning to the game, learning)	Adult group coaching (intermediate) <i>Sunday 10:00-11:30</i> <i>Contact HC Tennis for availability and prices</i>			
CLUB PLAYER (Social play, internal club competition)	'Winning Tennis Tactics' (club players) <i>Wednesday 12:00-13:30</i> <i>Contact Gham & Mai</i>			
INTERMEDIATE CLUB PLAYER (Mid-lower team standard, competing at county level)	Sunday evening Team practice (winter) <i>Sunday from 18:00 until 19:30</i> Organised internal practice (summer)			
ADVANCED CLUB PLAYER (Higher team standard, competing at Regional/National level)	Rota to run/coach the Team practice			
OTHER ADULT PLAYING OPPORTUNITIES	Book & Play <i>Use the MyCourts booking system to book courts and pay within: Your membership category and Court Usage Policy</i>		Individual coaching <i>Contact Coaching Team directly for availability and prices (Can be booked within the Court Usage Policy)</i>	
JUNORS	ELTC Junior Coaching Programme <i>Contact George Matheou (coach)</i> <ul style="list-style-type: none"> ● <i>Monday-Friday after-school, Saturday morning</i> ● <i>Holiday camps</i> ● <i>Team matches (summer)</i> 			